



Lunch Menu

August 2016



Monday	Tuesday	Wednesday	Thursday	Friday
1 Bagel Day WG Bagel Strawberry Cream Cheese Hard Boiled Egg Blueberries Mandarin Oranges Fat-free Chocolate Milk	2 Breadstick & Salad Soft Breadstick Mozzarella String Cheese Salad Greens w/Carrots Shredded Cheddar Cheese Plum Croutons Ranch Dressing Marinara Sauce 1% White Milk	3 Turkey on Oat Bread Sliced Turkey Breast Provolone Cheese Oat Bread Potato Salad Watermelon Low-Fat Mayonnaise Fat-Free Chocolate Milk	4 Chicken Fajita Pita Grilled Chicken Strips Whole Wheat Pita Red and Green Peppers Shredded Cheddar Cheese Honeydew Hot Sauce—mild 1% White Milk	5 Ham & Cheese Sliced Ham Muenster Cheese Pretzel Roll Carrots Cantaloupe Fat-Free Ranch Dressing Mustard Fat-Free Chocolate Milk
8 Parfait Day Strawberry Yogurt Blueberries Granola Pretzels Grapes 1 % White Milk	9 Grilled Chicken Sandwich Grilled Chicken Breast Whole Wheat Bun Lettuce and Tomato Slices Broccoli Florets Watermelon Low-Fat Mayonnaise Low-Fat Ranch Dressing Fat-Free Chocolate Milk	10 Flatbread Pizza Stacker Whole Wheat Flatbread Shredded Mozzarella Cheese Turkey Pepperoni Marinara Sauce Green Pepper Slices Applesauce Low-Fat Ranch Dressing 1 % White Milk	11 Turkey Sandwich Sliced Turkey Breast Cheddar Cheese Whole Wheat Bread Peach Grape Tomatoes Low-Fat Ranch Dressing Low-Fat Mayonnaise 1% White Milk	12 Cracker Stacker Turkey Pepperoni Whole Wheat Crackers Mozzarella String Cheese Banana Celery Sticks Bear Graham Crackers Low-Fat Ranch Dressing Fat-Free Chocolate Milk
15 Soft Pretzel Soft Pretzel Cottage Cheese Sunflower Seeds Blueberries Apple Mustard 1 % White Milk	16 Grilled Chicken Salad Grilled Chicken Strips Romaine Lettuce Croutons Cheese Cubes WW Dinner Roll Grapes Italian Dressing Fat-Free Chocolate Milk	17 Roast Beef Sub Roast Beef Cheddar Cheese WW Roll Carrots Honeydew Mustard Low-Fat Ranch Dressing 1% White Milk	18 BBQ Chicken Sandwich Grilled Chicken Tenders WW Bun Watermelon Broccoli BBQ Sauce Low-Fat Ranch Dressing Fat-Free Chocolate Milk	19 Brunch Time Hardboiled Egg Strawberry Yogurt Blueberry Muffin Plum Applesauce 1% White Milk
22 Pastrami Sandwich Turkey Pastrami Provolone Cheese Rye Bread Pickle Slices Nectarine Mustard Fat-Free Chocolate Milk	23 Bagel Day Whole Grain Bagel Strawberry Cream Cheese Hard Boiled Egg Blueberries Mandarin Oranges Fat-Free Chocolate Milk	24 Breadstick & Salad Soft Breadstick Mozzarella String Cheese Salad Greens w/Carrots Shredded Cheddar Cheese Plum Croutons Ranch Dressing Marinara Sauce 1% White Milk	25 Turkey on Oat Bread Sliced Turkey Breast Provolone Cheese Oat Bread Potato Salad Watermelon Low-Fat Mayonnaise Fat-Free Chocolate Milk	26 Chicken Fajita Pita Grilled Chicken Strips Whole Wheat Pita Red and Green Peppers Shredded Cheddar Cheese Honeydew Hot Sauce—mild 1% White Milk
29	30	31	Note: August 26th is the last day of SFSP. Don't forget to submit an application for CACFP if you plan to continue our partnership during the school year.	